



Kingsway Place

by **FIELDGATE**
Retirement Living



A Warm &
Friendly Welcome
Awaits You



Our Commitment *to You*

At Kingsway Place, we are committed to offering a rich quality of life providing unparalleled services to ensure our residents' physical, psychological, social, cultural and spiritual wellness. We commit to providing an atmosphere conducive to great laughter and companionship to shape lasting memories.



Mission Statement

The mission of all Fieldgate Retirement Living Communities is to provide superior quality senior living, in a warm and compassionate environment inspired by and reflected in our core values of respect, excellence, integrity, dignity, nurturing and support, thereby making the lives of our residents better while demonstrating the highest level of ethics and excellence.

Vision

To be recognized as a compassionate leader in seniors' care where each resident has a strong sense of belonging in a fun-filled environment that residents are proud to call their home.

Values

Respect: We hold our seniors in the highest regard with warmth, compassion and understanding.

Excellence: We commit to being the front-runner in terms of service, care and support.

Integrity: We hold ourselves accountable to the highest ethical and moral standards.

Dignity: We believe that all seniors are worthy of honour and respect.

Nurturing: We believe in fostering unique experiences through programs designed to encourage life learning.

Supportive: We respect and encourage independence and will assist all residents to be the best they can be.





The Kingsway *Experience*

When you choose Kingsway Place Retirement Residence, you will enjoy an exceptional standard of living with all the warmth of home - plus much more. Located in a quiet natural setting, this is a place you will be glad to embrace as your new home.

Our accommodation options and supportive care levels relieve you of stress and maintenance and provide you with the freedom to simply live and enjoy life.

Our open, friendly, and engaging atmosphere helps residents forge new friendships effortlessly. Get energized with our many activities, fitness classes, arts programs, speakers and special events. Enjoy our Silver Monarchs in Flight program, offering many exciting bus excursions.

Staff and residents agree, Kingsway Place stands apart because here, everyone is family.

Our Community

Aurora is a community of contemporary living and heritage surroundings, attracting those looking for the ideal combination of small-town friendliness with urban amenities. We are fortunate to have an extensive parks and trails network that sits on the beautiful Oak Ridges Moraine featuring 40 kilometers of pedestrian trails connecting many of its neighbourhood parks, Town facilities and open space corridors.

A charming and friendly community, Aurora is located just 30 minutes from downtown Toronto and is home to 56,000 residents and 1,300 businesses, including more than 150 major industries and head offices. We are home to National Historic Sites such as the Hillary House, Aurora Cultural Centre, Horton Place and the Morrison House. Our town also features exciting events that include the World's Longest Street Festival, Aurora Art Show and Sale, and Rib Fest. Aurora also boasts first-class recreation complexes, championship golf courses and exceptional shopping and dining. You are in good company in Aurora!





Customize your lifestyle

Independent Living

Independence is what we all strive for and Kingsway Place allows you to achieve it. If you'd like to enjoy new friends, a busy social calendar and great hospitality services, then Independent Living is for you. We'll take care of the meals, the weekly housecleaning and the linen laundry, while you take care of living your life to the fullest. You can rest assured that, should you require it, we're there in the background to assist you in maximizing your independent lifestyle.

Look at all that's included in your Independent Living package:

- Three delicious meals each day, with delectable lunch and dinner entrees, and snacks available any time at the bistro café
- Dietary and nutritional counseling, with several special diet accommodations
- Varied and busy leisure and fitness program, and the option of some great excursions
- Full weekly housekeeping
- Weekly linen and towel laundering
- 24/7 staffing, including a health support worker
- Convenient pharmacy services

Supportive Living

Need a little extra help to get the most out of life? Our Supportive Living program allows you to age in a place by providing increased levels of assisted care as needed. In addition to everything offered in our Independent Living program, you can take advantage of additional hospitality and health care services. Rest assured that every health and support service you require to live life to its fullest will be provided in our Supportive Living program.

Look at all that's included in your Supportive Living package:

- Three delicious meals each day, with delectable lunch and dinner entrees, and snacks available any time at the bistro café
- Dietary and nutritional counseling, with several special diet accommodations
- Varied and busy leisure and fitness program, and the option of some great excursions
- Full weekly housekeeping
- Daily bed-making
- Weekly personal, linen and towel laundering
- Round-the-clock health care, with 24/7 residence staffing
- Regular nursing assessment and consultation
- Assistance with showering, personal hygiene and dressing
- Help with walking/ambulation
- Medication administration
- Convenient pharmacy services

Short Term Stays

Whether you're recuperating from illness or surgery, or even if you just want a break, we offer respite stays, convalescent stays and vacation stays. You can recuperate in style with the right blend of health care and pampering. Or enjoy a stay with us while your family is on vacation. You can even take advantage of our trial stay program to see if Kingsway Place is the right fit for you. No matter what you choose, we're confident you'll leave raving about your stay at Kingsway Place.





Your Dining Experience

A truly enjoyable meal is more than just nutritious food. It's a delight for all your senses. At Kingsway Place, you can savour three delicious, well-balanced meals daily. But, equally important, they'll be served to you by friendly staff and you'll enjoy them amongst great company with friends. Invite your family for lunch, a Sunday roast or a special event if you'd like. You might choose to host friends in the lovely private dining room. Sensitive to the many tastes and needs of individuals, menu modifications for most preferences, allergies and therapeutic diets, can easily be accommodated. In addition to the dining room, our bistro café offers a choice of assorted cookies, pastries and baked goods along with fresh fruit and a variety of specialty coffees and teas.

Sample Menu

BREAKFAST

Choice of Juices
Choice of Cold Cereals

OR

Choice of Eggs
Bacon, Sausage
Muffins, Toast, Croissant
Fresh Fruit

LUNCH

Choice of Juices
Garden Vegetable & Tomato Soup
Potato-crust Quiche
Spring Mix Salad

Dessert

Southern Banana Pudding

DINNER

Choice of Juices
Roast Pork Loin with Orange
Ginger Sauce
Baked Potato, Broccoli, Carrots
& Cauliflower

Dessert

Lemon Pie

Always Available

LUNCH OPTIONS:

Tomato & Cheese Sandwich
Egg Salad Sandwich
Deli Meat Sandwich
Salmon Sandwich

DINNER OPTIONS:

Steak
Barbeque Chicken Leg
Catch of the Day



What do you want to do today?

At Kingsway Place, we don't believe in the word boredom. Every day brings different opportunities to stretch mind, body and soul. You can be as active as you like. Or, if your leisure pursuits lend themselves to more solitary activities like reading, we offer those too.

Here's just a sampling of what to expect:

- A variety of fitness classes for varying interest and mobility levels
- Reading club (plus a well-stocked library)
- Trivia challenge
- Card tournaments and board games
- Shuffleboard and pool
- Men's club
- Movie matinees
- Happy Hour
- Church services & hymn sings
- Visiting therapy pets

It's a big world out there...

And Kingsway Place residents want to enjoy it. That's why we offer an unparalleled "Silver Monarchs in Flight" program of fun-filled and frequent excursions. Don't worry about doing the planning or the driving, or the stress of parking. We arrange every last detail. All you have to do is step on our luxury coach and be prepared for a wonderful day.





Relax & Enjoy

Your suite may be your private oasis but all of Kingsway Place is yours to enjoy. We offer a host of amenities that you'll not only take great personal pleasure in, but be proud to show off as your new home. Whether you are looking for quiet time or companionship, something restful or something active, you will be able to find what you want right at home in our community.

Some of our great amenities include:

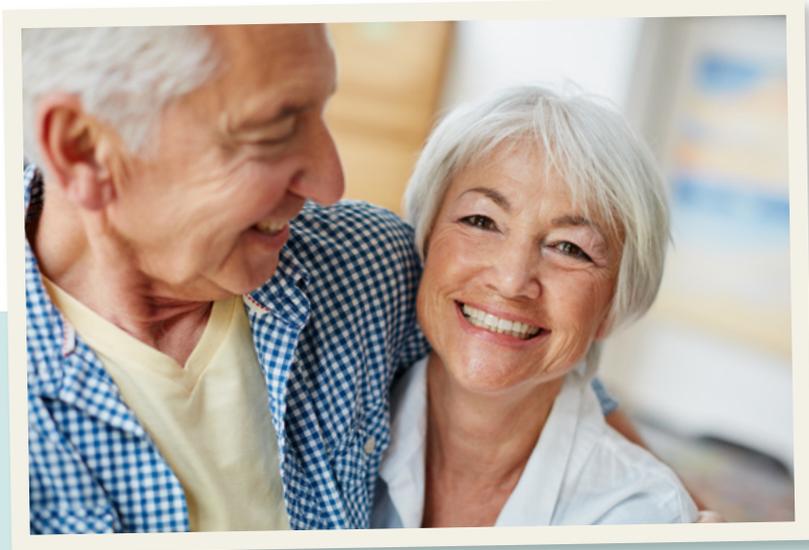
- Spacious and inviting lounges
- Elegant dining room with three delicious meals each day
- Private dining room for entertaining guests and family
- Bustling bistro café with outdoor terrace
- Home theatre to enjoy a good movie with popcorn and soft drinks
- Library with a comfortable space for relaxing with a good book
- Hair salon, aesthetic services and foot care nurse
- Games room with a pool table and darts
- Hobby Kitchen
- Laundry facilities
- Outdoor patio and landscaped grounds with a shady pergola
- Van shuttle for scheduled excursions
- Wi-Fi throughout the building



One of the many suite designs available.

Choose your suite spot

We're all different so why should there just be one choice? Choose the suite type that suits you – Studio, Studio Plus, One-Bedroom or Two-Bedroom. Each comes beautifully appointed with neutral flooring and wall finishes ready for you to add your furniture and decorative panache.



FIELDGATE

Retirement Living

Fieldgate Retirement Living offers seniors an environment full of warmth, compassion and empathy made possible by the caring staff we employ.

Families throughout Ontario have been trusting Fieldgate Homes for more than 60 years. Now you can trust us with your retirement living too. We've taken our knowledge of how to build quality homes with attention to detail, and combined it with a passion to offer hospitality and healthcare services to enrich the lives of Kingsway Place Residents.

The Fieldgate Retirement Living mission, inspired by our core values of respect, excellence, integrity, dignity, nurturing and support, ensures our residents live in engaging and supportive environments where physical, psychological, social, cultural and spiritual needs are not only met but exceeded.

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Kingsway Place*

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**previously Kingsway Arms*