

Kingsway Place Weekly Menu- Fall/Winter- Week 5

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast						
Fresh Fruit Hot & Cold Cereal Eggs & Toast	Fresh Fruit Hot & Cold Cereal Eggs & Toast	Fresh Fruit Hot & Cold Cereal Eggs & Toast	Fresh Fruit Hot & Cold Cereal Eggs & Toast	Fresh Fruit Hot & Cold Cereal Eggs & Toast	Fresh Fruit Hot & Cold Cereal Eggs & Toast	Fresh Fruit Hot & Cold Cereal Eggs & Toast
Hashbrowns	Bacon	Sausage	Hashbrowns	Bacon	Sausage	Bacon
Lunch						
Vegetable barley soup	Potato and leek soup	Vegetable soup	Cream of mushroom soup	Country vegetable soup	Curried cauliflower soup	Butternut squash
Grilled reuben sandwich pickles	Chicken greek salad soft bun	Breaded fish sandwich lettuce and tartar sauce coleslaw	Pulled pork sandwich on a kaiser bun sweet potato fries	Chicken pot pie gravy peas and carrots	Weiners and beans warm bun	Eggs benedict country potatoes
Apple sauce OR jell-o	Assorted sweets	Banana pudding OR diced peaches	Fruit yogurt OR Cake	Ice cream OR mandarin oranges	Tiramisu mousse OR fruit cocktail	Oatmeal square OR ice cream
Dinner						
Sweet and sour pork tenderloin boiled parsley potatoes steamed cauliflower yellow beans	Classic meatloaf creamy mashed potatoes green peas carrots	Chicken breast marsala rice mixed vegetables	Spaghetti and meat sauce steamed asparagus garlic bread	Lemon baked basa rice pilaf italian vegetable medley	Slow cooked beef pot roast whipped potatoes steamed broccoli carrots	Garlic & rosemary balsamic pork loin roasted potatoes green beans creamed corn
Cake OR ice cream	Fruit pie OR ice cream	Chocolate cake OR fresh fruit	Cake OR ice cream	Boston cream pie OR ice cream	Apple crisp OR vanilla ice cream	Strawberry rhubarb pie Or ice cream
LUNCH ALTERNATIVES: ASSORTED SANDWICHES, CHEFS CHOICE OF ENTRÉE SALAD, ANTIPASTO			DINNER ALTERNATIVES: ROAST CHICKEN, CATCH OF THE DAY, GRILLED SANDWICH			