

Kingsway Place Weekly Menu – Fall 2024– Week 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Fresh Fruit Hot & Cold Cereal Eggs & Toast	Fresh Fruit Hot & Cold Cereal Eggs & Toast	Fresh Fruit Hot & Cold Cereal Eggs & Toast	Fresh Fruit Hot & Cold Cereal Eggs & Toast	Fresh Fruit Hot & Cold Cereal Eggs & Toast	Fresh Fruit Hot & Cold Cereal Eggs & Toast	Fresh Fruit Hot & Cold Cereal Eggs & Toast
Sausage	Bacon	French Toast	Yogurt Parfait (Fruit/Granola)	Bacon	Sausage	Pancakes
LUNCH						
Tomato Bisque	Chicken Noodle	Country Vegetable	Wild Mushroom	Smoked Chicken and Rice	Vegetable	Roasted Butternut Squash
BLT With Waldorf Salad	Chili Con Carne Cornmeal Muffin	Cilantro and Lime Grilled Shrimp Quinoa and Green Salad	French Beef Dip On Baguette au Jus Pickled Beets	Ham and Cheese Omelet 3 Bean Salad	Turkey and Brie on Rye Coleslaw Dill Pickel	Eggs Benedict Ham / Hollandaise Sauce Home fries
Mandarins or Pudding	Assorted	Fresh Fruit or Jell-O	Diced Pears or Pudding	Ice Cream or Apple Sauce	Strawberry Mousse or Apricots	Peach Flan or Yogurt
DINNER						
Cabbage Rolls Sweet Corn Dinner Roll	Hawaiian Baked Ham Scalloped Potatoes Beets Cauliflower	Liver and Onions Baked Potatoes Beans Roasted Mushrooms	Chicken Schnitzel Mashed Potato Broccoli and Carrots	Lightly Breaded Fillet of Sole Rice Pilaf PEI Vegetables	Butter Chicken Basmati Rice Peas and Carrots	Roast Beef au Jus Yorkshire Pudding Mashed Potatoes Roasted Beets and Cauliflower
Ice Cream or Chocolate Cake	NY Cheesecake or Fresh Fruit	Assorted or Ice Cream	Red Velvet Cake or Ice Cream	Apple Crisp or Ice Cream	Rice Pudding or Ice Cream	Strawberry Rhubarb Pie or Ice Cream
LUNCH ALTERNATIVES: ASSORTED SANDWICH, FRUIT/CHEESE PLATE, ANTIPASTO			DINNER ALTERNATIVES: ROAST CHICKEN, CATCH OF THE DAY, VEGETABLE OMELET			