

Kingsway Place Weekly Menu – Fall 2024– Week 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Fresh Fruit Hot & Cold Cereal Eggs & Toast	Fresh Fruit Hot & Cold Cereal Eggs & Toast	Fresh Fruit Hot & Cold Cereal Eggs & Toast	Fresh Fruit Hot & Cold Cereal Eggs & Toast	Fresh Fruit Hot & Cold Cereal Eggs & Toast	Fresh Fruit Hot & Cold Cereal Eggs & Toast	Fresh Fruit Hot & Cold Cereal Eggs & Toast
Sausage	Bacon	French Toast	Sausage	Yogurt and Fruit	Cheese and Fruit	Bacon
LUNCH						
Sweet Potato Soup	Beef and Barley Soup	Pasta Fagioli (Bean and Pasta) Soup	Turkey & Wild Rice Soup	Minestrone Soup	Corn Chowder	Chicken Vegetable Soup
Grilled Reuben on Rye Creamy Broccoli Salad	Turkey Cold Plate Cranberry, Eggs and Melon	Chicken Parmesan Roasted Potatoes	Egg Salad, Avocado and Arugula Sandwich Sweet Gherkins	Crab Salad on a Croissant Tomato Feta Salad	Peameal Bacon on English Muffin Organic Mixed Greens	Apple Cinnamon French Toast Sausages and Sliced Fruit
Vanilla Pudding or Diced Pears	Assorted Desserts	Fruit Cocktail or Yogurt	Peaches or Pudding	Jell-O or Pudding	Diced Peaches or Jell-O	Assorted or Fresh Fruit
DINNER						
Chicken Cacciatore Cauliflower Rice	Swedish Meatballs Egg Noodles Green Beans	Grilled Pork Chop Steam Potatoes Braised Cabbage	Chicken Cordon Blue Mashed Potatoes Seasonal Vegetables	Pan Seared Pickerel Roast Potatoes Peas and Carrots	Beef Lasagna Caesar Salad Garlic Bread	Boneless Leg of Lamb Roasted Potatoes Cauliflower Beets
Carrot Cake or Fruit Cocktail	Black Forest Cake or Ice Cream	Coconut Cream Pie or Assorted Fruit	Blueberry Pie or Ice Cream	Frozen Peach Yogurt or Rice Pudding	Assorted Desserts or Ice Cream	Baked Custard with Caramel Sauce or Ice Cream
LUNCH ALTERNATIVES: ASSORTED SANDWICH, FRUIT/CHEESE PLATE, ANTIPASTO			DINNER ALTERNATIVES: ROAST CHICKEN, CATCH OF THE DAY, VEGETABLE OMELET			