

Kingsway Place Weekly Menu – Spring 2024– Week 4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Fresh Fruit Hot & Cold Cereal Eggs & Toast	Fresh Fruit Hot & Cold Cereal Eggs & Toast	Fresh Fruit Hot & Cold Cereal Eggs & Toast	Fresh Fruit Hot & Cold Cereal Eggs & Toast	Fresh Fruit Hot & Cold Cereal Eggs & Toast	Fresh Fruit Hot & Cold Cereal Eggs & Toast	Fresh Fruit Hot & Cold Cereal Eggs & Toast
Poached Egg	Scramble Sausage	Bacon	Scramble Sausage	Poached Egg	Sausage	Scramble Bacon
LUNCH						
Kale, Tomato and Bean Soup	Chicken Noodle Soup	Zucchini and Yellow Squash Soup	Vegetable Soup		Curried Cauliflower Soup	Tomato Soup
Crab Salad on a Croissant House Salad	Mac & Cheese Tomato and Cucumber Salad	Fish Burger on a Bun Apple Coleslaw	Wieners & Beans Casserole Mixed Greens Balsamic Vinaigrette	4oz. Angus Burger or Hot Dog Spring Mix Salad	Antipasto Plate (Salami, Cheese, Olives, Grapes & Bread)	Grilled Ham & Cheese on Rye Green Salad
Yogurt or Apricot Slices	Frozen Yogurt or Fruit Cocktail	Pudding or Apple Sauce	Peaches & Cream or Jell-O	Ice Cream or Fresh Fruit	Fruit Sherbet or Vanilla Pudding	Peach Flan or Ice Cream
DINNER						
Liver with Onions & Gravy Whipped Potatoes Cauliflower Green Peas	Sweet & Sour Pork Tenderloin Roasted Yams Broccoli Carrots	Classic Meatloaf Scalloped Potatoes Wilted Spinach Corn	Honey Garlic Chicken Drumsticks Baked Potato Squash Roasted Zucchini	Baked Cod Basmati Rice Mediterranean Vegetables	Beef Pot Roast with Gravy Browned Potatoes Sautéed Mushrooms Broccoli	Rosemary Stuffed Porkloin Mashed Potatoes Wax Beans Carrots
Assorted Sweets	Boston Cream Pie or Ice Cream	Chocolate Cake or Ice Cream	Assorted Sweets	Strawberry Sundae or Cake	Lemon Cake or Ice Cream	Pecan Pie or Ice Cream
LUNCH ALTERNATIVES: ASSORTED SANDWICH, CHEF’S CHOICE OF ENTRÉE SALAD, ANTIPASTO			DINNER ALTERNATIVES: ROAST CHICKEN, CATCH OF THE DAY, SOUP AND SANDWICH			